

# MAROOCHEY RIVER TRAIL

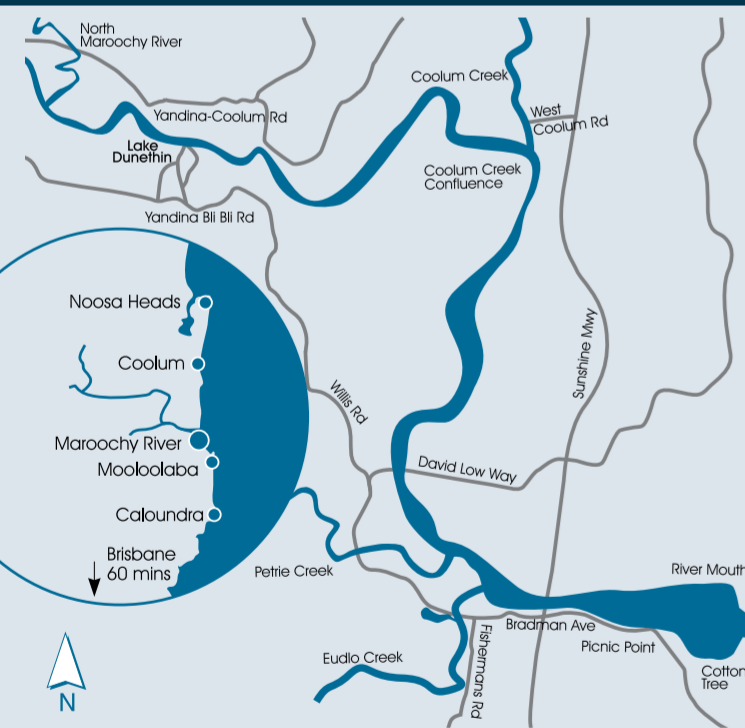
discover a new world on water

## TRAIL SECTIONS AND PADDLING TIMES

Most paddlers can cover approximately 4km per hour in ideal weather and tidal conditions. Colour is indicated on map.

- George Best Park to Coulson Wharf Park  
3.5km 50 minutes
- Coulson Wharf Park to Lake Dunethin  
5.5km 80 minutes
- Lake Dunethin to Lift Bridge  
2km 30 minutes
- Lift Bridge to Coolum Creek Confluence  
5.5km 80 minutes
- Coolum Creek Confluence to Coolum Creek Landing  
1km 15 minutes
- Coolum Creek Landing to Old Cane Train Bridge  
1.5 km 25 minutes
- Coolum Creek Confluence to Michy Wetlands Sanctuary  
5km 75 minutes
- Maroochy Wetlands Sanctuary to Muller Park  
2km 30 minutes
- Muller Park to Fishermans Road  
3km 45 minutes
- Fishermans Road to Nojoor Road  
3.5km 50 minutes
- Fishermans Road to Cotton Tree  
5km 75 minutes

## GETTING HERE



## LEGEND

River		Access Point	
Native Vegetation		Disabled Access Point	
Island		Rest Area	
Mountain		Toilets	
Bridge			



**Lake Dunethin**  
As the head of the trail Lake Dunethin is the perfect place to relax, from here paddlers can continue to explore both up and downstream or take the opportunity to venture out of the canoes to explore the walk and views of the coast from Dunethin Rock. Lake Dunethin Scouts, located on the site of the original Maroochy River State School encourages camping on their grounds for a nominal fee and have canoes for hire.

**Maroochy Wetlands Sanctuary**  
Take the boardwalk through the Sanctuary to see mangroves and mudflats, casuarina marshlands and paperbark open forest. See and hear forest birds, crabs and insects including golden orb spiders. If you are quiet, you may see swamp wallabies grazing on the marine cooch.

**Fishermans Road**  
Fishermans Road was the landing place for cargo laden steamships and schooners from Brisbane in the 1880s. It is close to the Sunshine Coast Kayak Club which provides instruction.

**Coolum Creek**  
The paddle north up Coolum Creek follows the old river mail boat route as far as Coolum Creek Landing. A short paddle further is the cane train bridge, a remnant of the old Moreton Sugar Mill Tramway.

## ACCESS POINTS THAT ARE ACCESSIBLE BY VEHICLE

Kayaks and canoes can be launched from all highlighted access points. Be careful. Heavy rain can cause major flooding upstream of the north and south Maroochy River junction. Near the river mouth tides can be strong and water depth can change suddenly.

- George Best Park
- Ashtons Wharf Road
- Lake Dunethin
- Coolum Creek Landing
- Stoney Wharf Road
- Muller Park Ramp
- Fishermans Road
- Bradman Ave Boat Ramp
- Thomas Road
- Picnic Point Esplanade
- Nojoor Road
- Cotton Tree

## PADDLER'S CHECKLIST

- What to do prior to launch:
- ✓ Be aware of water levels and currents as tides and winds can significantly affect the difficulty of the trip.
  - ✓ Wear a properly fitted Personal Flotation Device (PFD).
  - ✓ Watch for motorboats. Paddle to the nearest shore.
  - ✓ Respect anglers. Paddle away from their lines.
  - ✓ Bring a mobile phone in case of an emergency.
  - ✓ Consider the fitness level and experience of your entire group before choosing section(s) to paddle.
  - ✓ Groups of at least three or four people are recommended - especially for longer sections.
  - ✓ It's also a good idea to nominate a leader just in case a difficult situation arises.
  - ✓ Check weather reports before you set off.
  - ✓ Recommended items to take include: water, food, sunscreen, mobile phone, medication, maps, waterproof jackets, hat, warm clothing and a first aid kit.
  - ✓ Carry plenty of food and water in a water proof container.
  - ✓ Take insect repellent to ward off mosquitos.

Visit [www.weather.com.au/qld/sunshine-coast](http://www.weather.com.au/qld/sunshine-coast) and [www.coastwatch.com.au](http://www.coastwatch.com.au) for all weather and tide information.