

# Emergency kit: essential items, all times

**Prepare your household with all 7 fact sheets:**

- 1 Prepare Emergency Plan
- 2 Prepare for evacuation
- 3 Prepare Emergency Kit**
- 4 Prepare your home
- 5 Tune into warnings!
- 6 Check your neighbours
- 7 Pet Emergency Plan

Available in 21 languages online: [disaster.qld.gov.au](http://disaster.qld.gov.au)

**Fact Sheet**

# 3

**Always remember:**

**Having an Emergency Kit is an important step to prepare for, survive and cope with emergencies.**

**Know:** All householders need to know where your Emergency Kit is kept.

**Check:** and update the contents of your kit regularly, to ensure everything is in working order and has not expired.

**Discuss:** your Emergency Kit with all householders and make sure everyone knows what to do in an emergency.

**On this page is a list of items which should be in your kit at all times.**

**On the other side of this page is a list of extra items which, if you do not keep at all times, you should add to your kit during storm or cyclone season**

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**Food and water**

- Range of non-perishable food items
- Bottled water

**Medical and sanitation**

- First Aid Kit and manual
- Essential medications, prescriptions and dosage
- Toilet paper
- Toothbrush/toothpaste
- Soap/shampoo
- Personal hygiene items

**Light**

- Flashlight/torch with extra batteries
- Battery powered lantern

**Communications**

- Battery powered radio with extra batteries
- Traditional wired telephone
- Prepaid phone cards and coins for phone calls

**Clothing and footwear**

- Warm jumper, waterproof jacket, hat and gloves for everyone
- Closed-toed shoes or boots for everyone

**Tools and supplies**

- Whistle, utility knife, duct/masking tape
- Plastic garbage bags, ties
- Safety Glasses and sun glasses

**Miscellaneous**

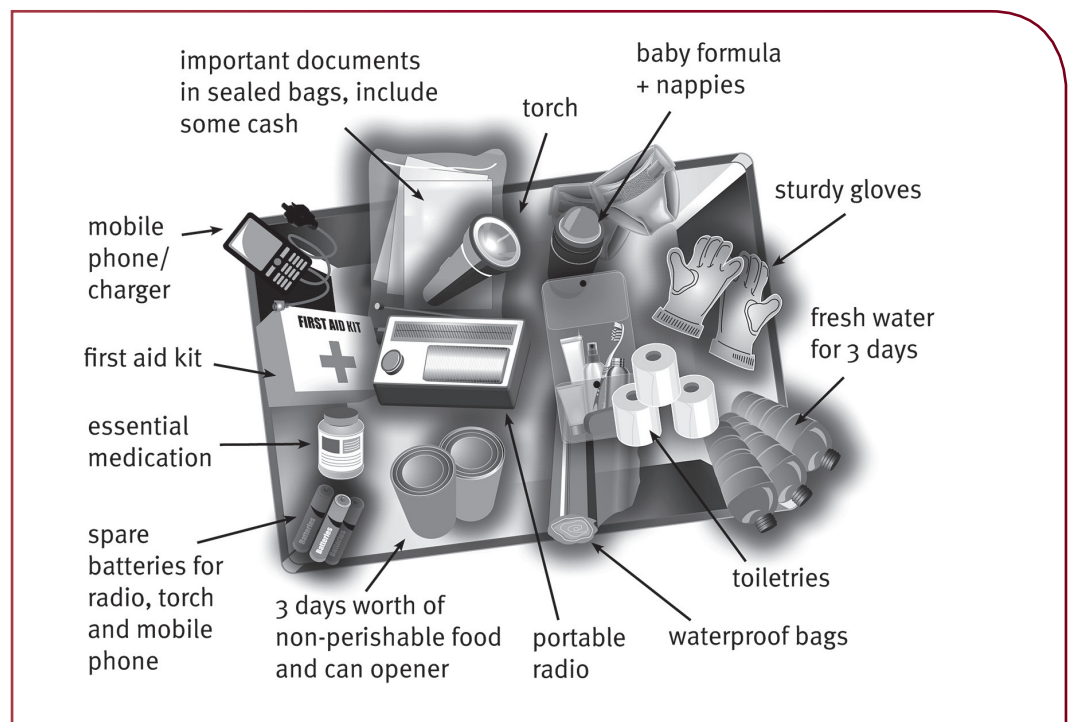
- Special Items for Infants (nappies, formula etc)
- Special items needed by elderly or people with special needs
- Spare house and car keys
- Pet food, water and other animal needs

**Important documents**

**Keep original or certified copies of these documents in your Emergency Kit.**

**Scan copies of them and save the files on a USB memory stick or CD to include in your kit. Keep all these items in sealed plastic bags.**

- Insurance papers for your house and contents, cars, and for valuable items
- Inventory of valuable household goods
- Wills and life insurance documents
- House deeds/mortgage documents
- Birth and marriage certificates
- Passports/visa details
- Stocks and bonds
- Medicare, pension cards, immunisation records
- Bank account and credit card details
- A back-up copy of important computer files
- Household Emergency Plan with emergency contact numbers (also see Fact Sheet 1)



# Emergency kit: extra items, storm times

### Extra items to include in your Emergency Kit during cyclone and storm season.

Weather warnings are issued when emergencies like floods, storms and cyclones are expected.

During storm and cyclone season add the items on this page to your Emergency Kit.

It is preferable to keep stocks of these items in your kit all the time.

However, if you do not have enough space in your kit, make a note of where to find the extra items in your home so you can collect them quickly.

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Remember: if you have visitors during an emergency, you will need supplies for them also.

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at least  
**3 days**  
is how long you may be without assistance

Food and water	in kit	or location
Three days' supply of non-perishable food (plus can opener, cooking gear, plates and utensils)	<input type="checkbox"/>	.....
Clean water in sealed containers (10 litres per person is recommended for three days supply)	<input type="checkbox"/>	.....
Water purification tablets	<input type="checkbox"/>	.....
<b>Medical and sanitation supplies</b>		
Extra supplies of medications	<input type="checkbox"/>	.....
Extra toiletry and sanitary supplies, sunscreen and insect repellent	<input type="checkbox"/>	.....
Prescription details for all medications	<input type="checkbox"/>	.....
Spare spectacles	<input type="checkbox"/>	.....
<b>Tools, communications and supplies</b>		
Wide masking tapes for windows	<input type="checkbox"/>	.....
Wrench or pliers to turn off all utilities	<input type="checkbox"/>	.....
Tent or tarpaulin	<input type="checkbox"/>	.....
Woollen and thermal blankets	<input type="checkbox"/>	.....
A mobile phone, spare battery and charger	<input type="checkbox"/>	.....
<b>Clothing and footwear</b>		
Change of clothes for everyone, stored in plastic bags	<input type="checkbox"/>	.....
Spare clothes and bedding	<input type="checkbox"/>	.....
<b>Miscellaneous items</b>		
Extra supplies for infants (extra formula, nappies etc)	<input type="checkbox"/>	.....
Extra items for the elderly or people with special needs	<input type="checkbox"/>	.....
Spare cash in case electronic bank tellers don't work	<input type="checkbox"/>	.....
Pets – provisions and information (such as vet's papers, leash, food & water, collars with identification tag, pet beds, litter pan & scooper, carrier or harness, medication)	<input type="checkbox"/>	.....
<b>In an emergency, there may be interruptions to power and water supplies. Ensure you have adequate stocks on hand:</b>		
Barbeque or portable stove with fuel	<input type="checkbox"/>	.....
Fully charged batteries for mobile phone	<input type="checkbox"/>	.....
Spare batteries for torch and radio	<input type="checkbox"/>	.....
Esky or gas / battery powered refrigerator	<input type="checkbox"/>	.....

