

CALOUNDRA MEAL SUPPORT

- **7am - 8.45am:** Uniting Community Breakfast - cuppa and a cooked breakfast @ Caloundra Uniting Church Hall, off Ulm street
- **Emergency Relief** - phone (07) 3001 6288 @ Salvation Army
- **Emergency Relief:** phone for appointment 5491 4000 @ Caloundra Community Centre (Tuesday appointments)

MONDAY

- **8am - 10am:** Community breakfast @ HTK Church, 11 Meridan St, Bokarina
- **2:30pm - 4:30pm:** Salvos Connect - tea/coffee, sometimes fruit & veg, help with forms, advocacy @ Salvation Army, 119 Sugarbag Rd, Caloundra
- **5pm - 6:30pm:** 2 course evening meal @ Salvation Army, 119 Sugarbag Rd, Caloundra
- **7:30pm - 9pm:** Evening meal - Rosies Friends on the Street @ Felicity Park, Bulcock St (next to library) Caloundra

TUESDAY

- **7-9 am:** Breakfast, St Andrews Anglican Church, Kings Beach
- **11.30 - 12.30 pm:** Sausage sizzle at House 4 Hope (out the back)

WEDNESDAY

- **10am - 1pm:** Salvos Connect - tea/coffee, sometimes fruit & veg, help with forms, advocacy @ Salvation Army, 119 Sugarbag Rd, Caloundra
- **4:30pm:** Share a Meal (tea/coffee @ 4:30pm, meal @ 5pm) @ Happy Valley, Caloundra (near coffee van)
- **Emergency Relief:** phone (07) 3001 6288 @ Salvation Army
- **Emergency Relief:** phone for appointment 5491 4000 @ Caloundra Community Centre (Friday appointments)

THURSDAY

- **9am - 10:30am:** tea/coffee and toast @ Caloundra Community Centre (beside Orange Sky van)
- **7:30pm - 9pm:** Evening meal - Rosies Friends on the Street @ Felicity Park, Bulcock St, Caloundra (next to library)

FRIDAY

SATURDAY

- **7am - 9am:** Epic Care Brekky @ Felicity Park, Caloundra Library
- **1st Saturday of the month**
- **6pm - 7:30pm:** Evening meal - Rosies Friends on the Street @ Happy Valley, Caloundra

SUNDAY

- **5pm - 7 pm:** Epic Care Sunday Supper @ Felicity Park, Caloundra Library

COMMUNITY SUPPORT

- **Caloundra Salvos - Sugarbag road**

Hot showers

Tue, Wed, & Fri: 12 - 3 pm

Thurs: 10am - 2pm

- **Caloundra Aquatic Centre - Central Park Rd, Caloundra**

Hot showers (\$2.60) or FREE with Shower card (get card from Caloundra Community Centre)

Call or more info on **5491 8799**

- **Sugarbag Rd - Mountain Bike rest area -**

Hot Showers

Open: daylight hours

- **Military Jetty Raleigh St - Golden Beach**

Showers, drinking water, sharps disposal

- **Eleanor Shipley Memorial Park - Seaview Tce, Moffat Beach - Showers**

Open: Daylight hours

- **Dicky Beach Rest Area - Beerburum St. Dicky Beach - Showers**

Open: Daylight hours

SHOWERS

- **Fraser Park - Esplanade, Golden Beach**

Open: Daylight hour toilets

Accessible facilities, showers, sharps disposal

- **Ayliffe Park - 41 Esplanade, Golden Beach**

Open: Daylight hour toilets

Accessible facilities, showers, sharps disposal

- **Bulcock Beach Rest Area - 17 The Esplanade, Caloundra**

Open: Daylight hour toilets

Accessible facilities, showers

- **Caloundra Bus Interchange - Cooma Terrace, Caloundra**

Open: Daylight hour toilets

Sharps disposal

- **Minchinton Street, Caloundra**

Open: Daylight hour toilets

- **Stockland Caloundra - 47 Bowman Road, Caloundra**

Open: Mon-Fri 8am-9pm, Sat 8am-5:30pm, Sun 9am-6pm

Toilets, sharps disposal, sanitary disposal

TOILETS

- **Orange Sky:**

Tuesday - 3.30 - 6.30 @ 2 Fifth Ave, Maroochydore

Wednesday - 10 - 1pm @ House 4 Hope, Salvos

Friday - 9.00 - 11.00 @ Caloundra Community Centre

58A Queen street, Caloundra

- **Caloundra Salvos Laundry - Sugarbag road:**

Tue, Wed & Fri: 12 - 3 pm

Thurs: 10am - 2pm

Washing/Shower must be completed by the finishing time for each day

- **Mint Laundromat - Bulcock street**

0404 238 696 - 9am - 5pm

Small front load washer \$4.00

- **Havachat Laundry - 11 Daniel street**

0429 693 714 - 5am - 8pm

LAUNDRY

- **Homelessness Hotline QLD - 1800 474 753** Information and referral service for people experiencing or at risk of homelessness

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- **The Hub Kawana - Call 5352 7333** for a referral to the Hub temporary accommodation

- **SleepBus - ON HOLD** For more info call 5443 6696

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- **Homelessness outreach - IFYS 0477 517 092**

Every Friday morning at Caloundra Comm Centre

SLEEPING

- **Useful numbers**

Salvation Army - 3001 6288 St. Vincent de Paul - 5438 9660

M,W,T,F, 9-11.00am

Dep of Housing - 5352 7333

IFYS Emergency Relief - 5438 3000

Coast 2Bay - 5451 2900

Kyabra (DV/emergency accomm) - 5441 3837

DV Connect Women's line - 1800 811 811

Men's line - 1800 600 636

Gateway Care Low cost groceries (07) 5458 6888 - 11 Helen st. Caloundra M-W & F: 9

am - 3pm, Thurs: 9am - 5pm, Sat: 9am - 12noon

Lifeline - 13 11 14

- **Free SC Wifi in Caloundra**

Caloundra Art Gallery

Caloundra Indoor Stadium

Caloundra Library

Caloundra Lighthouse

Events Centre Caloundra

OTHER