

# COMMUNITY CONNECTIONS & PARTNERSHIPS

## CASE STUDY

### Major Grant

### Community Development

### Cycling Without Age Australia Incorporated

**Project:** Purchase trailer for accessible-trishaw

**Funding:** \$7,067

**Date:** August 2021

**Beneficiaries:** 770

**No. of Project Volunteers:** 5

**What happened:**

This group combined federal grant funding, a Sisters of Charity grant and a Council Major Grant to engage a local manufacturer to construct a custom trailer for use transporting the group's accessible bikes and trishaws to popular locations within the region for use by volunteers who give older people, and others with mobility impairments, an accessible cycling experience.

**What changed:**

This equipment has facilitated an expansion to the Cycling Without Age offering by allowing transportation of their wheelchair-accessible bike and trishaws together into the community. The trailer was purpose-designed and is fully enclosed and lockable, allowing safe storage and transportation of this equipment together. This activates more cycling volunteers at one time, which offers more cycling experiences for participants, whilst being able to take the cycling experience to desirable locations, such as the esplanade at Bulcock Beach / Happy Valley in Caloundra. The group estimates the trailer will directly benefit up to 80 volunteers in 2023. Research and anecdotal evidence show benefits of this core activity to participant's improved mental health and wellbeing, memory recall, a sense of inclusion and of freedom.

**Strategic Alignment:**

Sunshine Coast Community Strategy 2019-2041 – Outcome 1 and 3:

Healthy, Active and Inclusion

*“Passengers enjoy improved quality of life; joy connecting and engaging with others, their community, and the environment.*

*The benefits expand to include Families/Carers of participants because they not only have the knowledge of benefits for their loved ones; they can also gain enjoyment from shared experiences and fun together.*

*Benefits for volunteers include: a volunteer activity full of purpose; increased physical health and wellbeing, and positive-ageing benefits.”*

Cycling Without Age Australia Incorporated

